



Saskmilk

Put nature to work on your farm!

Sustainability is good for your business

DUC has been a trusted partner of farmers for 85 years and offers on-farm projects that enhance:

- forage production
- soil health
- carbon storage
- biodiversity potential
- water infiltration
- pollination services
- water/nutrient filtration

DUC programs tailored to each farm

From delivering on-farm programs to consulting with conservation specialists, DUC works directly with dairy farmers to find the right solution for their operation. Programs vary according to region but include forage conversion, wetland restoration, conservation easements, biodiversity projects, and more.

Let's talk

DUC programs are available in several regions across Canada. Interested in learning more? Visit ag.ducks.ca to see what programs are available in your province or call your local DUC office to start the discussion.

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Put Nature to Work
on your Farm

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Dairy Farmers of Canada have teamed up with Ducks Unlimited Canada (DUC) to offer dairy producers conservation solutions to enhance the natural systems on their farms. From financial incentives to land management advice, DUC's farm-gate programs can help Canadian dairy farmers as they work toward the goal of being carbon neutral by 2050.



HERE FOR TOMORROW | ICI POUR DEMAIN



Ducks Unlimited
Canada

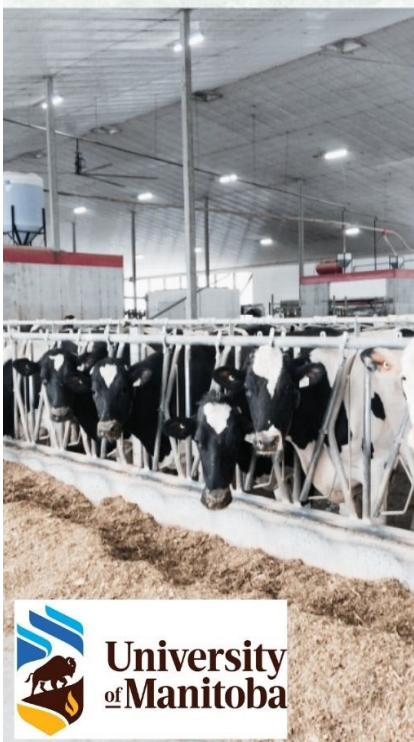
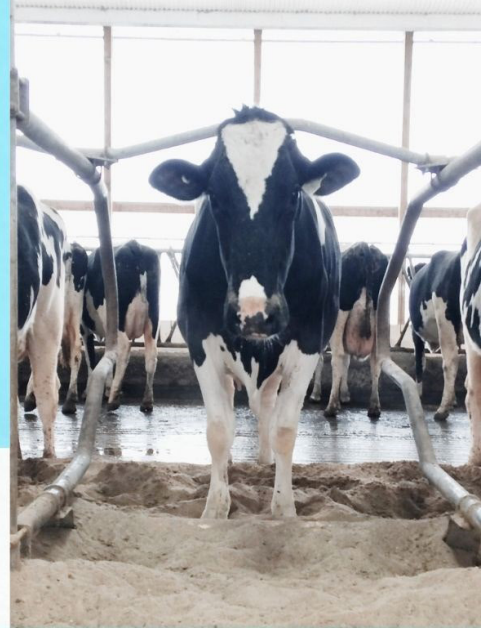
LOOKING FOR DAIRY FARMERS!

For a research project about well-being on dairy farms in BC, AB, SK, MB & ON

WHAT ARE WE STUDYING?

- The relationships between dairy farmer health & well-being, animal health, farm management, technology & automation
- Identifying connections between farmer & animal health

All survey participants will receive a \$15 Tims gift card.
For those who are selected and consent to an interview will receive an additional \$20 Tims gift card.



WHAT DOES IT INVOLVE?

- Complete a recruitment survey (~5 mins)
- Complete an online survey (~30 mins)
- When completing the survey, if you are interested in being considered for a farm visit (1-2 hours) and/or an interview, we ask that you indicate this interest.
- If selected, the approx. 1 hour audio recorded interview would take place either in person as part of a farm visit or online using Zoom.

For more information, please email, call, or text:

King Lab: FarmerWellBeing@umanitoba.ca

Dr. Meagan King: meagan.king@umanitoba.ca / (613) 532-5923

Mental Health Spotlight

Beating Burnout on the Farm



By Lesley Kelly, Farmer and Co-Founder of the Do More Agriculture Foundation

Burnout is more than just feeling tired at the farm. It's an emotional, mental, and physical reaction to constant stress. When farm demands and pressures constantly pile up, it takes a toll on you. You might start to feel unappreciated, overworked and irritable.

Burnout is a thief of energy and productivity and can spread into your personal life. You might come home feeling completely drained and dread the next day. You feel you have nothing left in your tank or you simply stop caring.

If you are feeling this way, you're not alone. Many farmers in Canada are on the verge of burnout, according to a study conducted by the University of Guelph in Ontario, putting farmers at risk of developing chronic diseases and mental health challenges. The study found that nearly half of participants felt ineffective, disengaged or overextended.

In farming, one of our values is hard work. Maybe in the past, you were told that you needed to work seven days a week, twelve hours or more per day, so that's what you've always done.

Maybe you think or feel you have no choice but that if you want to be successful, you simply have to work yourself to the extremes to get ahead.

And maybe, the exhaustion and stress has become so normal that you don't know anything different.

That's why it's so important that we talk about burnout in agriculture.

Because it's not healthy to work this way. When stressors and pressures mount over time, we become burnout which comes with feelings of helplessness and extreme exhaustion. Overall, this leads to serious implications for productivity, labour retention and for the success of the farm and industry as a whole.

The good news: You can be successful without being constantly tired, stressed, and irritable (in fact, you'll probably be much more successful when you get yourself out of burnout).

What is burnout and how do you know if you've got it?

Burnout is a form of exhaustion caused by constantly feeling swamped. It's a result of excessive and prolonged emotional, physical, and mental stress. In many cases, burnout is related to one's job or responsibilities. Burnout happens when you're overwhelmed, emotionally drained, and unable to keep up with the farm and life's incessant demands.

Possible causes of burnout

- **Lack of control.** An inability to influence decisions and outcomes that affect your job, such as markets, weather, etc – could lead to burnout. So could a lack of the resources you need to accomplish tasks on the farm.
- **Dysfunctional workplace dynamics.** Perhaps family and/or work relationships leave you feeling undermined or a partner micromanages your work. This can contribute to job stress.
- **Extremes of activity.** When a job on the farm is monotonous or chaotic, you need constant energy to remain focused and engaged – which can lead to fatigue and job burnout.
- **Lack of social support.** If you feel isolated on the farm and in your personal life, you might feel more stressed.
- **Work-life imbalance.** If your work at the farm takes up so much of your time and effort that you don't have the energy to spend time with your family and friends, you might burn out quickly.

Signs of burnout

- Have you become cynical or critical at work?
- Do you drag yourself to the farm and have trouble getting started?
- Have you become irritable or impatient with your partner, kids, or farm employees?
- Do you lack the energy to be consistently productive?
- Do you find it hard to concentrate?
- Are you using food, drugs or alcohol to feel better or to simply not feel?
- Have your sleep habits changed?
- Are you troubled by unexplained headaches, stomach or bowel problems, or other physical complaints?

If you answered yes to any of these questions, you might be experiencing burnout.

Tips on stress and burnout

1. Recognize the early warning signs

One of the most dangerous aspects of burnout is that it impacts self-awareness. When you're in it, you're running on adrenaline, and the momentum feels so exhilarating that you end up adding more and more to your plate. But once burnout hits, it can take months to overcome. So what early signs should you look out for? Here are some of the subtle cues that you might need to reassess how much you're taking on:

- Basic activities like going to the grocery store or moving a piece of equipment feel overstimulating.
- You feel so overwhelmed you've started to cut activities you know are good for you (e.g., exercise or alone time).
- You're saying "yes" even though you're already at capacity.
- You find everyone and everything irritating.

We're quick to ignore these signs, but they're important alarm bells.

2. Learn to draw—and respect—your own lines

Here's a secret of adulthood: No one else is going to draw your lines for you. You may sometimes wonder: Why don't the people who love me help me not overdo it? Often, it's because they want you to be successful. And a marker of success in our society is being busy. They may be just as busy as you. Or they may not even know what your boundaries are. It takes courage to say no and stick to it without feeling guilty. Your capacity is also going to be different from everyone else's. Remember that behind every no is a deeper yes, even if that yes is just to yourself.

3. Reduce your stimulation level

When your body is under threat from being too busy or mentally pressured, it releases stress hormones that increase your stimulation level making it hard to relax or sleep well at night. To prevent being overstimulated, do some exercise or try deep breathing and other relaxation techniques.

4. Prioritize Activities You Enjoy

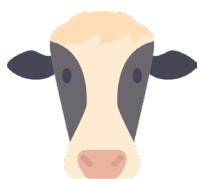
Outside of the farm, it may be helpful to fill your life with activities that are relaxing or bring you joy in some way. This strategy can help you remind yourself that there's life outside of your job and the farm. Depending on the activity, it may also help you relieve stress, improve your physical health, help you form new social connections, or offer other benefits. Something involving physical activity could be a way to reap benefits like these, such as joining a gym, or a sports team, or taking up a hobby.

5. Seek Support

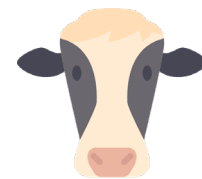
Burnout may cause mental and physical tension as well as difficult feelings like frustration, being overwhelmed, or fear. To recover from this experience, it may be useful to find someone with whom you can express, and work through these emotions. Trusted family and friends may provide a listening ear and compassionate advice. Or, you might consider seeking the guidance of a trained therapist. They can help you identify, interpret, and manage your feelings, as well as develop skills for opportunities like self-care and communication.

If you or someone in your family or farm team are going through a hard and stressful time, reach out to a professional. For local crisis contacts and resources visit <https://www.domore.ag/crisis-contacts>.

The Do More Agriculture Foundation is the national voice and champion for mental health in Canadian agriculture and is changing the culture of agriculture to one where all producers are encouraged, supported, and empowered to take care of their mental wellbeing. Producers are among the most vulnerable when it comes to mental health issues. By collaborating with the entire industry and those working to address the state of mental health in Agriculture, we can and will make a substantial impact.



Who Should I Call?



Who at the SaskMilk office should producers call?
Here's a handy guide!

FOR	CALL	AT
<ul style="list-style-type: none"> • Sponsorship Requests • Donation Requests • Dairyanna's Costume and Events • School Milk Program • Nutrition Resource Ordering 	Anita Medl	306-721-9483
<ul style="list-style-type: none"> • Quota Exchange and Private Quota Transfers • Leases • Transfer Credits • Security Applications • Projections for production • Name Changes • Designation of Signing Authority • Monthly production numbers for producers 	Bev Solie	306-721-9488
<ul style="list-style-type: none"> • Website enquiries • Newsletter advertising 	Cailyn Jones	306-721-9493
<ul style="list-style-type: none"> • School Milk Program • Marketing Activities • Social media enquiries (Twitter, Instagram, Facebook) • Promotional Items 	Chelsea Wilcoxon	306-527-0753
<ul style="list-style-type: none"> • Producer statements • Banking info for direct deposit of milk pay • Milk pick-up issues -variances in volumes, planning to quit shipping, etc. 	Darlene Weighill	306-721-9491
<ul style="list-style-type: none"> • On Farm- licensing, facilities, equipment, driveways, yards, animal care • Lab testing results • Pro Action- Food Safety (CQM), Animal Care, Traceability, Biosecurity, Environment • Extension services 	Tina Leverton	306-721-9486
<ul style="list-style-type: none"> • Monthly milk prices paid to producers • Provincial & National production updates 	Doug Miller	306-721-9485
<ul style="list-style-type: none"> • On Farm- licensing, facilities, equipment, driveways, yards, animal care • Bulk truck drivers- licensing, complaints/issues • Bulk tank calibrations • Rayner Dairy Centre & Research • Environment and Regulatory 	Chris Pinno	306-721-9494
<ul style="list-style-type: none"> • SaskMilk Portal Assistance • Website enquiries • Newsletter advertising • Dairy Conference 	Jenn Buehler	306-721-9492
<ul style="list-style-type: none"> • Media or news stories or if you have been contacted by any media agency or reporter • Trade agreements, international trade updates • DEAP policy/program enquiries • Research enquiries or proposals 	Joy Smith	306-721-9482

Quota Exchange

The market-clearing price established for the May 2023 Quota Exchange was \$45,000.00.

The next Quota Exchange will be held on **June 15, 2023**. All offers to sell and bids to purchase quota through the Quota Exchange must be submitted by midnight, **June 6, 2023**. SaskMilk recommends that offers and bids be submitted well in advance of the deadline date to ensure adequate time for corrections, if necessary.

When making bids on the Quota Exchange, the price on offers to sell quota is the minimum price that the producer is prepared to accept for that quota. Only if the market-clearing price is equal to or greater than the producer's minimum price will that producer qualify for participation in the Exchange. Conversely, the price on offers to purchase quota is the maximum price that the producer is prepared to pay for that quota. Only if the market-clearing price is equal to or less than the producer's maximum price will that producer qualify for participation in the Exchange. The clearing price is set at the price where the smallest difference exists between the accumulated volume offered for sale and the accumulated volume bid to purchase. The results of the Quota Exchange are outlined in the following table.

MAY 2023 QUOTA EXCHANGE RESULTS

Market Clearing Price per kilogram of butterfat	\$45,000.00
Daily Kilograms offered to Purchase	85.00
Kilograms offered to Sell	9.26
Kilograms sold	9.26
Number of Producers	
- offered to purchase	11
- purchased quota	2
- offered to sell	2
- sold quota	2

MAY 2023 QUOTA EXCHANGE CLEARING PRICE RESULTS

Price (\$/daily kg b.f.)	No. of Sellers	Cumulative Sellers	Daily Kgs b.f. offered for sale	Cumulative sales	Cumulative Sales less Cumulative purchases	Cumulative purchases	Daily Kgs b.f. offered to purchase	Cumulative bidders	No. of buyers
\$38,000.00	1	1	1.26	1.26	-83.74	85.00	0.00	11	0
\$40,000.00	0	1	0.00	1.26	-83.74	85.00	10.00	11	1
\$40,100.00	0	1	0.00	1.26	-73.74	75.00	10.00	10	1
\$40,200.00	0	1	0.00	1.26	-63.74	65.00	10.00	9	1
\$40,500.00	0	1	0.00	1.26	-53.74	55.00	10.00	8	1
\$42,000.00	1	2	8.00	9.26	-35.74	45.00	0.00	7	0
\$42,050.00	0	2	0.00	9.26	-35.74	45.00	7.00	7	1
\$42,100.00	0	2	0.00	9.26	-28.74	38.00	5.00	6	1
\$42,500.00	0	2	0.00	9.26	-23.74	33.00	3.00	5	1
\$43,500.00	0	2	0.00	9.26	-20.74	30.00	5.00	4	1
\$44,000.00	0	2	0.00	9.26	-15.74	25.00	10.00	3	1
\$45,000.00	0	2	0.00	9.26	-5.74	15.00	15.00	2	2

Beta-lactam Drug	Detection Level† (ppb*)	US Safe Level or Tolerance / Canadian MRL (ppb*)	Sulfa Drug	Detection Level† (ppb*)	US Safe Level or Tolerance / Canadian MRL (ppb*)
Amoxicillin	3.1	10 / None	Sulfadimethoxine	4.7	10 / 10 [∞]
Ampicillin	7.7	10 / 10	Sulfamethazine	7.7	10 / 10 [∞]
Ceftiofur and Metabolites [^]	53	100 / 100	Tetracycline Drug	Detection Level† (ppb*)	US Safe Level/Tolerance / Canadian MRL (ppb*)
Cephapirin	14	20 / 20	Chlortetracycline	54	300 / 100
Cloxacillin	7.4	10 / None	Oxytetracycline	66	300 / 100
Penicillin G	2.2	5 / 6&	Tetracycline	21	300 / 100

† Positive at least 90% of the time with 95% confidence.
 * parts per billion or ng/mL
[^] Ceftiofur parent drug sensitivity is approximately 1/2 that reported in the table.
 & Canadian MRL for penicillin G is 0.01 IU/ml, equivalent to 6 ppb.
[∞] Canadian MRL for sulfa drugs are singly or in combination with other MRL listed sulfonamides.

Test stations are located at the following locations:

REGION	LOCATION	CONTACT
Star City, SK	Star City Colony	Reuben Tschetter, 306-921-9381
Emerald Park, SK	Warman Veterinary Services	86 Great Plains Rd, SK S4L 1C9 Phone: (306) 347-9995

Charm tests strips and Charm testers are now available for purchase through SaskMilk 306-949-6999.
 Agrifoods is now carrying SNAP test kits for tetracyclines as well as beta lactams 306-227-0317.

TRANSFER CREDIT SUMMARY REPORT			
MONTH	# OF PRODUCERS TRANSFER IN	# OF PRODUCERS TRANSFER OUT	TOTAL KGS OF BUTTERFAT
April 2022	8	8	6,341
May 2022	13	13	8,245
June 2022	15	15	13,566
July 2022	29	29	23,847
August 2022	36	36	28,537
September 2022	33	33	29,762
October 2022	30	30	17,634
November 2022	29	29	23,740
December 2022	28	28	17,588
January 2023	26	26	20,656
February 2023	23	23	16,577
March 2023	19	19	13,040
April 2023	17	17	15,431

PRIVATE TRANSFERS PROCESSED	
MONTH	DAILY KILOGRAMS
April 2022	0.00
May 2022	0.00
June 2022	185.52
July 2022	350.00
August 2022	157.13
September 2022	0.00
October 2022	0.00
November 2022	0.00
December 2022	0.00
January 2023	30.00
February 2023	20.00
March 2023	0.00
April 2023	70.00

OVER QUOTA (OVER 5 DAYS) REPORT BY MONTH		
MONTH	# OF PRODUCERS	KGS BUTTERFAT
April 2022	31	1,262
May 2022	22	1,360
June 2022	4	152
July 2022	6	990
August 2022	3	99
September 2022	1	27
October 2022	0	0
November 2022	2	19
December 2022	4	832
January 2023	3	1,040
February 2023	3	373
March 2023	5	803
April 2023	4	422

SUMMARY REPORT OF CREDITS APRIL 2023 - 147 PRODUCERS

DAYS	# OF PRODUCERS	POSITIVE CREDITS ACCUMULATED (KGS OF BUTTERFAT)
+ 5	4	1,779
0 to + 5	57	37,075
TOTAL	61	38,854
DAYS	# OF PRODUCERS	NEGATIVE CREDITS ACCUMULATED (KGS OF BUTTERFAT)
-15	3	2,455
-10 to -15	14	23,742
-5 to -10	27	42,678
0 to -5	42	19,997
TOTAL	86	88,872

LOST OPPORTUNITY REPORT

MONTH	# OF PRODUCERS	LOST OPPORTUNITY (KGS OF BUTTERFAT)
April, 2022	3	503
May, 2022	4	700
June, 2022	4	1,143
July, 2022	3	656
August, 2022	2	340
September, 2022	4	1,570
October, 2022	1	280
November, 2022	3	396
December, 2022	3	447
January, 2023	2	514
February, 2023	1	157
March, 2023	2	845
April, 2023	3	1,973

WEIGHTED AVERAGE COMPONENT TESTS & PRICES APRIL 2023

COMPONENTS	AVERAGE TEST	PRICE PER KILOGRAM CLASS 1 TO 5
Butterfat	4.3427	18.349832
Protein	3.3531	2.795963
Other Solids	5.8859	0.796403

The average butterfat price received per kilogram was \$21.59

Milk Sale Revenue \$22,795,343.54

WMP Revenue/<Expense> <\$718,542.24>

Total Revenue \$22,076,801.30

Quality Bonus:

WMP Quality Bonus 0.001723

SaskMilk Quality Bonus 0.004908

**Total Quality Bonus Rate for April 2023
0.006631 per litre**

SaskMilk Board Activities

June/July

June 2, 2023
June 14-15, 2023
June 20, 2023

DFC P10 Chairs/GMs
SaskMilk Board Meeting
WMP Board Meeting

July 9-12, 2023
July 10, 2023
July 19-20, 2023

DFC AGM
DFC Board Meeting
WMP CC/CMSMC

In the Community

Check out these SaskMilk events!

June

June	Pump Couture, Diabetes Canada -Saskatoon
June 2-3	SHSAA Provincial Track & Field – Saskatoon
June 9	ZOOGALA – Saskatoon
June 9 – 10	Broken Arrow Youth Ranch “Run the Ranch” – South Sask.
June 9 – 10	SHSAA Women in Sport Conference
June 9 – 11	Excel Athletika Track & Field Club Trials - Regina
June 11	Juvenile Diabetes Walk – Regina
June 18	Pump Couture Diabetes Canada – Saskatoon

July

July 10 – 14	FCC Food Influencer Program - Provincial
July 12 - 16	Taste of Saskatchewan – Saskatoon
July 14 – 16	Excel Athletika Track & Field Club – Dual Meet - Regina

CKRM Country Cookout

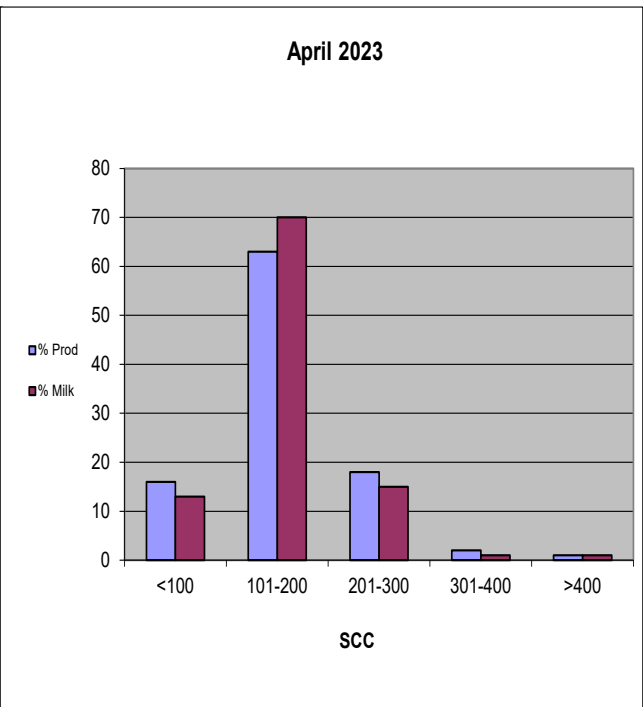
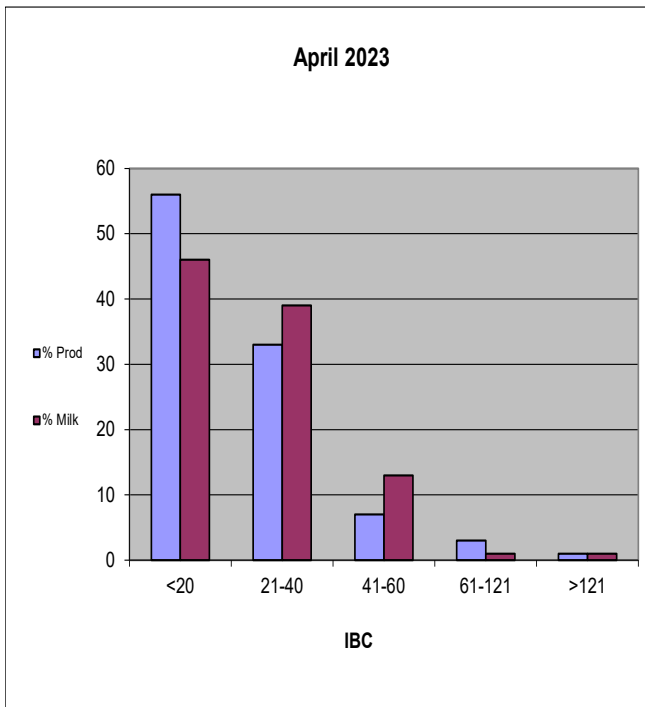
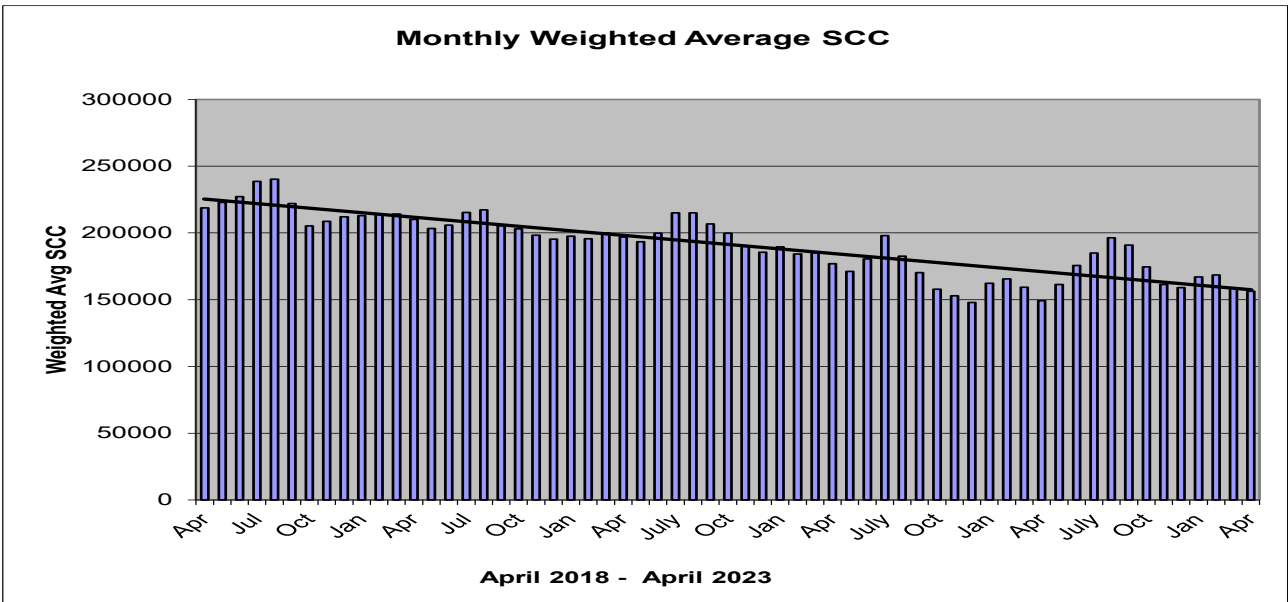
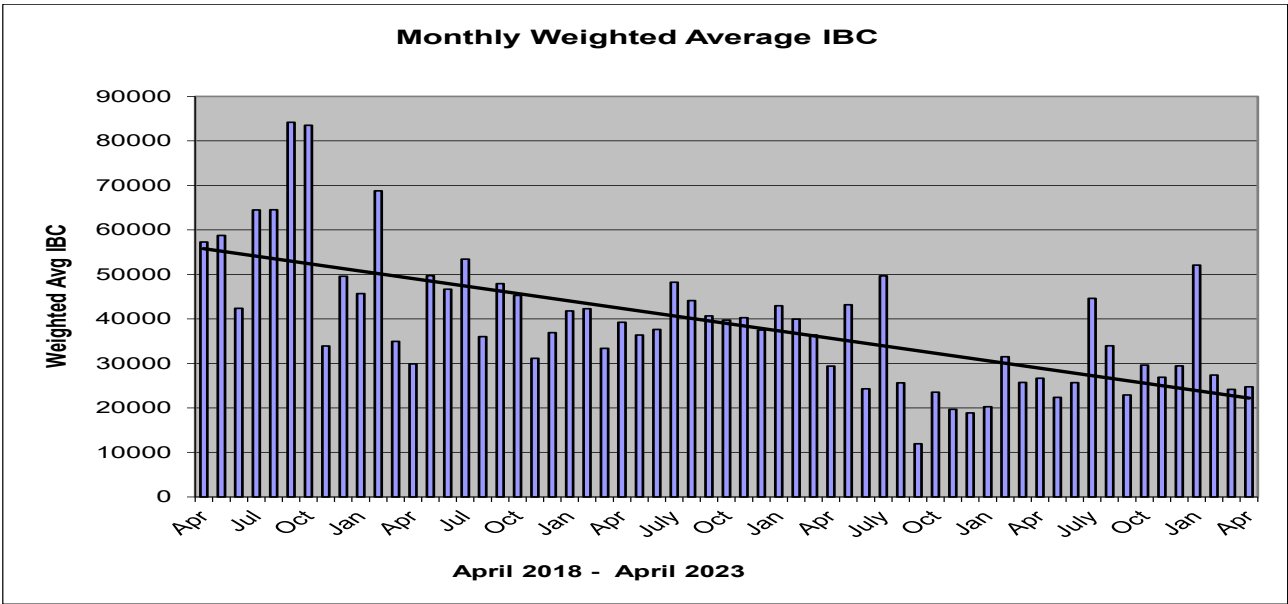


	(1) Monthly Total Production Kgs of bf	(2) Total Monthly CDC Quota Allocation Kgs bf	(3) Monthly Over or (Under) Production Kgs bf col. 1 - 2 = 3	(4) Lower Flexibility Limit -2.00% Kgs bf col. 8 * -1.5%
Apr-22	983,864	951,694	32,170	-244,016
May-22	1,006,347	1,032,925	(26,578)	-245,384
Jun-22	970,863	961,671	9,192	-245,906
Jul-22	992,625	1,012,296	(19,671)	-245,213
Aug-22	1,007,224	1,084,446	(77,222)	-246,829
Sep-22	991,207	1,098,010	(106,803)	-246,722
Oct-22	1,060,240	1,090,912	(30,672)	-246,813
Nov-22	1,037,277	1,092,710	(55,433)	-246,694
Dec-22	1,078,365	1,006,182	72,183	-245,174
Jan-23	1,084,484	1,015,257	69,227	-245,332
Feb-23	982,235	879,055	103,180	-245,286
Mar-23	1,075,769	1,088,945	(13,176)	-246,282
Apr-23	1,021,148	1,033,238	(12,090)	-247,913

In April, Saskatchewan had a monthly CDC allocation of **1,033,238 kilograms** of butterfat. Saskatchewan production was **12,090** of butterfat under and cumulatively over by **1,210,399 kgs** of butterfat. On a percentage basis, Saskatchewan is **9.76%** above our CDC allocation flexibility limits based on the Continuous Quota model. The -2.00% lower flexibility limit is in effect.

(5) Upper Flexibility Limit 1.25%	(6) Cumulative Over or (Under) Production with limits	(7) Cumulative Over or (Under) Production with limits (%)	(8) Rolling 12 Month Total Quota
Kgs bf	Kgs bf		Kgs bf
col. 8 *1.0%		col. 6 / 8	
152,510	1,038,027	8.51%	12,200,780
153,365	1,030,990	8.40%	12,269,194
153,691	1,040,182	8.46%	12,295,292
153,258	1,020,511	8.32%	12,260,629
154,268	943,289	7.64%	12,341,450
154,201	836,486	7.36%	12,336,079
154,258	877,324	7.59%	12,340,649
154,184	880,764	7.88%	12,334,711
153,234	1,044,100	8.52%	12,258,709
153,333	1,113,327	9.23%	12,266,614
153,304	1,235,665	10.08%	12,264,284
153,926	1,222,489	9.93%	12,314,103
154,946	1,210,399	9.76%	12,395,647

- (1) Monthly Production in Saskatchewan
- (2) Total Monthly Quota = Class 1 sales + Monthly MSQ + Carry Forward
- (3) Difference between the monthly production (1) and the total monthly quota (2)
- (4) The Lower Flexibility Limit is -2.00% of Rolling 12 Month Total Quota (9)
- (5) The Upper Flexibility Limit is 1.25% of Rolling 12 Month Total Quota (9)
- (6) Previous Month Cumulative Over or (Under) Production + Current Monthly Over or (Under) Production (capped at lower or upper limit if applicable)
- (7) Equal to Column (6) expressed as a percentage basis within the flexibility limits
- (8) Total Monthly CDC Quota Allocation for the previous 12 months



April 2023 Quality Bonus

To get the quality bonus producers must have:

Monthly Average:

IBC - <= 30,000/ ml

SCC- <= 250,000/ml

FpT- lower than -0.525°Hortvet

No positive inhibitors

*represent # of months the quality bonus has been received

101115806 SASKATCHEWAN LTD.****	DIAMOND HOLSTEINS LTD.***	HUTTERIAN BRETH CHURCH OF BEECHY****	KENBERT ACRES***	ROSTHERN DAIRY FARMS LTD.***
ADIT FARMS INC.****	DOWNIE LAKE CHURCH COLONY****	HUTTERIAN BRETH CHURCH SPRING CREEK****	KENSTAL FARMS INC.***	RYDALL LIVESTOCK LTD.****
ARTLAND DAIRIES INC****	DWAYNE & CARLA WIEBE*	HUTTERIAN BRETH CHURCH SPRINGWATER**	KESSEL FAMILY FARM****	SAND LAKE HUTTERIAN BRETHREN****
BAILDON HUTT BRETHREN INC.****	EAGLEWOOD HOLDINGS LTD.***	HUTTERIAN BRETHERN OF MILDEN INC.***	KIELSTRA HOLSTEINS INC.***	SANDY RIDGE DAIRY LTD.***
BALGONIE HOLSTEINS LTD.****	EARVIEW COLONY****	HUTTERIAN BRETHREN CHURCH OF LAJORD****	KNITTIG FARMS LTD.****	SCHAEFFER, RONALD J****
BENBIE HOLSTEINS LIMITED****	EATONIA HUTTERIAN BRETHREN INC****	HUTTERIAN BRETHREN CHURCH OF QUILL LAKE INC.****	LAKEVIEW COLONY***	SCOTT COLONY****
BENCH HUTTERIAN BRETHREN LTD****	ELL'S DAIRY FARM 2010 INC.****	HUTTERIAN BRETHREN CHURCH OF SOUTHLAND INC.****	LAKEVIEW HOLSTEINS LTD.****	SEPTEMBER SUN ACRES LTD.****
BLU J FARMS***	EL-NELL FARMS LTD****	HUTTERIAN BRETHREN CHURCH OF SPRING LAKE INC.****	LAZY DAY FARMS****	SIERRA HUTTERIAN BRETHREN****
BRAMVILLE JERSEYS****	ENNS FARMS LTD****	HUTTERIAN BRETHREN CHURCH OF TWIN CREEK INC.****	LEYENHORST, ALBERT & HEATHER****	SIMMIE HUTTERIAN BRETHREN CHURCH****
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SaskMilk offers a free classifieds service as part of its newsletter. Anyone wishing to place an ad is welcome to contact the SaskMilk office at (306) 949-6999 or info@saskmilk.ca. All negotiations will be independent of SaskMilk. Please note that ads will be posted in two issues and will then be removed unless SaskMilk is notified otherwise.

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Reminder!

The deadline date for Quota Transfer, Quota Exchange, and 10% Transfer Limit Exemptions is the 6th of each month

Your Quota Transfer, and 10% Exemption Applications must be received on or before the 6th of the month in order to be effective the 1st of the following month

Quota Exchange forms must be received in the SaskMilk office on or before the 6th of the month for that month's Exchange.

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