

Each year during the month of March, **Dieticians** of Canada presents Nutrition Month to celebrate food and healthy eating. Dairy Farmers of Canada (DFC) is proud to sponsor Nutrition Month again in 2022. This year's theme is "Ingredients for a Healthier Tomorrow" with a focus on sustainable food-systems. SaskMilk is working in conjunction with DFC to promote milk as an important part of a healthy and sustainable diet.

The February sustainability announcement to target net-zero greenhouse gas emis-

## **Nutrition Month 2022**

sions on-farm by 2050 with a 30% reduction in greenhouse gases by 2030 highlights the importance of environmental sustainability to the Canadian dairy industry. And, because it is important to promote diets that meet nutrition needs but are also sustainable, highly nutritious milk, cheese and yogurt go hand-in-hand with Nutrition Month's healthy eating goals.

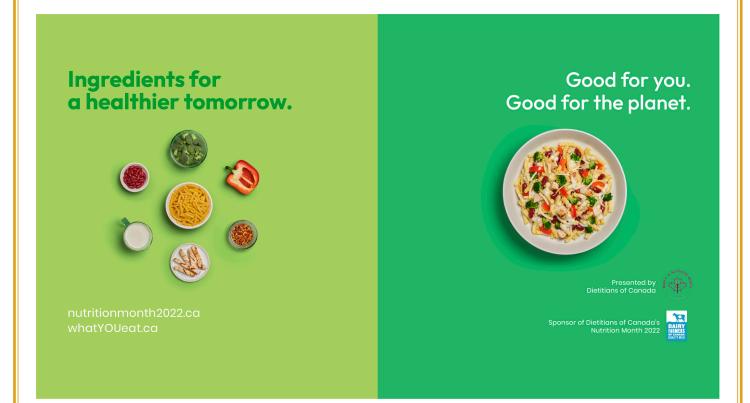
Throughout the month, SaskMilk will be using social media to educate the public on the health benefits of dairy products. Some nutritional dairy facts and figures include:

- From 1990 to 2019, the carbon footprint of a litre of Canadian milk decreased by 24%
- You would need to eat 8 cups of spinach to consume the same amount of calcium in a single glass of milk.
- Milk contains 6 of the 8 nutrients most Canadians are lacking: calcium, magnesium, zinc, vitamin A, vitamin D, and potassium.
- ' Some research shows that up to 40% of the calcium

added to plant-based beverages can stick to the bottom of the container even when shaken vigorously.

We encourage you to follow along on our social media platforms to help expand our reach and engagement with the public. You can find SaskMilk on Facebook, Instagram and Twitter, under the username "SaskMilk". To find out more about Nutrition Month 2022, visit whatyoueat.ca.





# **Advocacy Day Recap**

On February 1st, dairy farmers from across Canada met with provincial MPs and Senators for the annual Advocacy Day (formerly known as Lobby Day) to discuss current issues facing the dairy industry. While these meetings took place virtually again this year due to COVID-19, they were still an effective medium to connect with our local politicians.

This year, conversations were held regarding current and future trade deals, providing exemption to nutritious dairy products for policies under the Healthy Eating Strategy (such as front-of-package labeling and Marketing to Kids), CUSMA compensation, support of green technology advancements on farm, the Grocery Code of Conduct, and increased training and support for border enforcement to track dairy products entering the country.

SaskMilk provided various resources to the MPs and Senators to help further educate them on the challenges of the dairy industry. Each politician also received a follow-up from the office to thank them for their time and encourage them to reach out with additional questions or to schedule further meetings.

# Mental Health Spotlight



# Why Can't You "Just Get Over" a Mental Health Condition?

By Lesley Kelly, Farmer and Co-Founder of the Do More Agriculture Foundation

"Can't you stop being so lazy?"

"Why don't you quit worrying?"

"Just be happy already."

"Change your thinking."

"Can't you just get over it?"

When you or someone you know suffers from a mental health injury or illness, it can be hard and frustrating. It can be even more frustrating when you hear statements like 'just get over it' or others try to convince you to "just be happy." You might even start to think of things like "Why can't I just get over it?"

Mental health injuries and mental illness affects everyone differently. For some people, it comes and goes. For others, it can feel almost constant. You might experience one episode of depression or an anxiety attack, or it might be a lifelong struggle. You might experience multiple illnesses over time, or all at once.

When it comes to mental health, there are many things that are outside of our control that prevent us from "just getting over it." Often there is a chemical imbalance or genetic predisposition to mental health issues. While some of the factors in mental health can be genetic, there are also environmental factors that can contribute to mental health. If you are constantly surrounded by unhealthy things, it can make it very difficult to change how you feel. In addition, when you have experienced a significant trauma, loss or been involved in an accident, your brain responds in ways that are often beyond your control.

It's hard to predict what your experience with mental illness will be. But if your symptoms are severe, or if you've experienced multiple types of mental illness, it's not likely to go away on its own—and if it does, it may come back. The good news is that with the right attention and help, illnesses are treatable and improvement is possible.

Unfortunately, the "just get over it" phrase is still something we hear over again and isn't helpful advice for a person living with a mental illness. When someone breaks their leg, we wouldn't expect them to just get over it. Nor would we blame them if they needed a cast or other help in their daily life while they recovered.

When we tell someone to get over their illness, we trivialize their condition and deny their pain. For example, for those with depression, "cheering up" is not a simple task, and it's important to recognize that they probably wish they could, too. "Getting over it" also diminishes the fact that mental illnesses are serious health conditions, and reduces it to something that can be fixed just by changing

their thinking habits. People living with mental illness are aware that life isn't fair and can be challenging. Reminding them of this fact doesn't help them cope with their illness.

What might feel like a beautiful day to you could be a much different picture for someone with a mental illness or injury, who may have difficulty seeing the same joy you recognize in every-day life. Implying that the person should feel happy ignores their condition and may make them feel guilty.

Instead, try some of these statements:

I'm sorry you're not feeling well. Is there anything I can do to help?

I will try my best to understand.

I can see that you're struggling, and I really admire/respect you for pushing through this.

What you're going through is real, and I think that almost anyone in your situation would feel that way.

Can I come over and keep you company?

Would you like to go for a walk or drive with me?

Mental health injuries and illnesses are real and can be very painful. Learning why mental illnesses need to be taken seriously can help save someone you love from a life lived in pain. To help them through a challenging time, compassionate statements, learning about and understanding what they are going through and being there for them can make a world of difference.

If you or someone you know needs help, reach out for mental health support by visiting Do More Ag resources.

The Do More Agriculture Foundation is not intended to be a substitute for professional medical advice, diagnosis, or treatment. If you are in crisis, please visit your local emergency department or call 911 immediately.

The Do More Agriculture Foundation is the national voice and champion for mental health in Canadian agriculture and is changing the culture of agriculture to one where all producers are encouraged, supported, and empowered to take care of their mental wellbeing. Producers are among the most vulnerable when it comes to mental health issues. By collaborating with the entire industry and those working to address the state of mental health in Agriculture, we can and will make a substantial impact.



# Who Should I Call?



Who at the SaskMilk office should producers call? Here's a handy guide!

FOR	CALL	AT
<ul> <li>Sponsorship Requests</li> <li>donation Requests</li> <li>Dairyanna's Costume and Events</li> <li>School Milk Program</li> <li>Nutrition Resource Ordering</li> </ul>	Anita Medl	306-721-9483
Quota Exchange and Private Quota Transfers Leases Transfer Credits Security Applications Projections for production Name Changes Designation of Signing Authority Monthly production numbers for producers	Bev Solie	306-721-9488
School Milk Program  Marketing Activities	Chelsea Wilcoxen	306-527-0753
<ul> <li>Producer statements</li> <li>Banking info for direct deposit of milk pay</li> <li>Milk pick-up issues -variances in volumes, planning to quit shipping, etc.</li> </ul>	Darlene Weighill	306-721-9491
On Farm- licensing, facilities, equipment, driveways, yards, animal care Lab testing results Pro Action- Food Safety (CQM), Animal Care, Traceabili Biosecurity, Environment Extension services	Tina Leverton	306-721-9486
Monthly milk prices paid to producers Provincial & National production updates	Doug Miller	306-721-9485
On Farm- licensing, facilities, equipment, driveways, yards, animal care  Bulk truck drivers- licensing, complaints/issues  Bulk tank calibrations Rayner Dairy Centre & Research Environment and Regulatory	Chris Pinno	306-721-9494
SaskMilk Portal Assistance	Jenn Buehler	306-721-9492
Media or news stories or if you have been contacted by any media agency or reporter Trade agreements, international trade updates DEAP policy/program enquiries Research enquiries or proposals	y Joy Smith	306-721-9482
Social media enquiries (Twitter, Instagram, Facebook)  Website enquiries  Newsletter advertising  Dairy Conference	Rigel Smith	306-721-9493

## Revised Quota Exchange

### The market-clearing price established for the March 2022 Quota Exchange was \$49,025.

The next Quota Exchange will be held on April 18, 2022. All offers to sell and bids to purchase quota through the Quota Exchange must be submitted by midnight, April 6, 2022. SaskMilk recommends that offers and bids be submitted well in advance of the deadline date to ensure adequate time for corrections, if necessary.

When making bids on the Quota Exchange, the price on offers to sell quota is the minimum price that the producer is prepared to accept for that quota. Only if the market-clearing price is equal to or greater than the producer's minimum price will that producer qualify for participation in the Exchange. Conversely, the price on offers to purchase quota is the maximum price that the producer is prepared to pay for that quota. Only if the market-clearing price is equal to or less than the producer's maximum price will that producer qualify for participation in the Exchange. The clearing price is set at the price where the smallest difference exists between the accumulated volume offered for sale and the accumulated volume bid to purchase. The results of the Quota Exchange are outlined in the following

MARCH 2022 QUOTA EXCHANGE RESULTS						
Market Clearing Price per kilogram of butterfat	49,025.00					
Daily Kilograms offered to Purchase	160.50					
Kilograms offered to Sell	55.38					
Kilograms sold	50.00					
Number of Producers						
- offered to	purchase 20					
- purchased	quota 5					
- offered to	sell 7					
- sold quota	6					

	MARCH 2022 QUOTA EXCHANGE CLEARING PRICE RESULTS								
Price (\$/daily kg b.f.)	No. of Sellers	Cumulative Sellers	Daily Kgs b.f. offered for sale	Cumulative sales	Cumulative Sales less Cumulative purchases	Cumulative purchases	Daily Kgs b.f. of- fered to purchase	Cumulative bidders	No. of buyers
\$42,100.00	0	0	0.00	0.00	-160.50	160.50	10.00	20	1
\$42,400.00	0	0	0.00	0.00	-150.50	150.50	10.00	19	1
\$45,000.00	0	0	0.00	0.00	-140.50	140.50	5.00	18	1
\$46,000.00	1	1	1.20	1.20	-134.30	135.50	5.00	17	1
\$46,500.00	1	2	10.00	11.20	-119.30	130.50	0.00	16	0
\$47,000.00	2	4	14.18	25.38	-105.12	130.50	0.00	16	0
\$47,500.00	1	5	12.00	37.38	-93.12	130.50	0.00	16	0
\$47,600.00	0	5	0.00	37.38	-93.12	130.50	10.00	16	1
\$47,900.00	0	5	0.00	37.38	-83.12	120.50	10.00	15	1
\$48,000.00	0	5	0.00	37.38	-73.12	110.50	10.00	14	1
\$48,250.00	1	6	13.00	50.38	-50.12	100.50	1.50	13	1
\$48,500.00	0	6	0.00	50.38	-48.62	99.00	27.00	12	4
\$48,600.00	0	6	0.00	50.38	-21.62	72.00	10.00	8	1
\$49,000.00	0	6	0.00	50.38	-11.62	62.00	12.00	7	2
\$49,025.00	0	6	0.00	50.38	0.38	50.00	10.00	5	1
\$49,300.00	0	6	0.00	50.38	10.38	40.00	10.00	4	1
\$50,000.00	1	7	5.00	55.38	25.38	30.00	10.00	3	1
\$50,250.00	0	7	0.00	55.38	35.38	20.00	10.00	2	1
\$50,500.00	0	7	0.00	55.38	45.38	10.00	10.00	1	1

TRANSFER CREDIT SUMMARY REPORT				
MONTH	# OF PRODUCERS TRANSFER IN	# OF PRODUCERS TRANSFER OUT	TOTAL KGS OF BUTTERFAT	
February, 2021	13	13	8,529	
March	9	9	10,120	
April	10	10	10,680	
May	13	13	7,349	
June	9	9	5,750	
July	15	15	7,959	
August	27	27	29,932	
September	28	28	17,706	
October	31	31	16,159	
November	21	21	10,059	
December	18	18	15,526	
January, 2022	12	12	7,006	
February, 2022	7	7	5,438	

PRIVATE TRANSFERS PROCESSED			
MONTH	DAILY KILOGRAMS		
February, 2021	0.00		
March	578.58		
April	40.00		
May	0.00		
June	0.00		
July	188.98		
August	0.00		
September	1,694.55		
October	85.16		
November	0.00		
December	0.00		
January	0.00		
February, 2022	0.00		

OVER QUOTA (OVER 5 DAYS) REPORT BY MONTH				
MONTH	# OF PRODUCERS	KGS BUTTERFAT		
February, 2021	9	1,496		
March	25	1,690		
April	20	654		
Мау	18	781		
June	11	200		
July	0	0		
August	5	528		
September	4	369		
October	9	2,599		
November	10	1,353		
December	29	957		
January	24	419		
February, 2022	21	1,270		

SUMMARY REPORT OF CREDITS JANUARY 2022- 155 PRODUCERS				
DAYS	# OF PRODUCERS	POSITIVE CREDITS ACCUMULATED (KGS OF BUTTERFAT)		
+ 5	7	4032		
0 to + 5	60	35,001		
TOTAL	67	39,033		
DAYS	# OF PRODUCERS	NEGATIVE CREDITS ACCUMULATED (KGS OF BUTTERFAT)		
-15	2	1,939		
-10 to -15	9	9,254		
-5 to -10	26	34,031		
0 to -5	51	33,406		

LOST OPPORTUNITY REPORT				
MONTH	# OF PRODUCERS	LOST OPPORTUNITY (KGS OF BUTTERFAT)		
February, 2021	2	365		
March, 2021	2	522		
April, 2021	2	846		
May, 2021	3	1,573		
June, 2021	3	2,065		
July, 2021	4	2,807		
August, 2021	3	1,502		
September, 2021	2	972		
October, 2021	1	63		
November, 2021	2	442		
December, 2021	3	1,624		
January, 2022	2	800		
Febraury, 2022	2	264		

WEIGHTED AVERAGE COMPONENT TESTS & PRICES DECEMBER 2021				
		PRICE PER KILOGRAM CLASS		
COMPONENTS	AVERAGE TEST	1 TO 5		
Butterfat	4.2285	17.999608		
Protein	3.3394	2.681275		
Other Solids	5.9104	0.757470		

Milk Sale Revenue WMP Revenue/<Expense> \$19,785,734.44 \$516,367.75

**Total Revenue** 

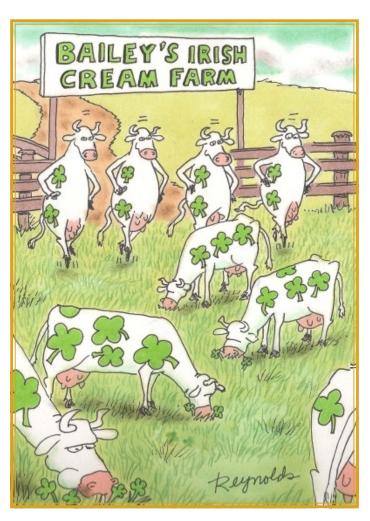
\$20,302,102.19

# Farmer Sustainability Advisory Group

Dairy Farmers of Canada is putting together a Farmer Sustainability Advisory Group to help inform the industry's new sustainability measures.

It is very important that farmers are constantly involved in the goal of net-zero greenhouse gas emissions by 2050, and it is also important that farmers from each region/province are well-represented as they all have unique circumstances and perspectives.

The commitment is minimal and is expected to be approximately two hours every other month between March and July 2022. Participation in each session is voluntary and farmers can choose whether to attend each session based on the agenda and their area of interest. To register, please visit this link.

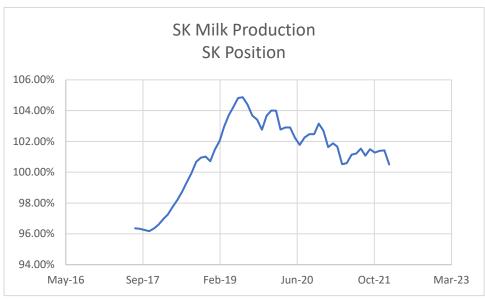


	(1) Monthly Total Production	(2) Total Monthly CDC Quota Allocation	(3) Monthly Over or (Under) Production	(4) Lower Flexibility Limit -2.00%
	Kgs of bf	Kgs bf	Kgs bf	Kgs bf
			col. 1 - 2 = 3	col. 8 * -1.5%
Feb-21	995,725	864,139	131,586	-245,225
Mar-21	1,065,238	1,109,168	(43,930)	-245,938
Apr-21	1,011,886	1,032,209	(20,323)	-249,271
May-21	1,047,519	964,511	83,008	-249,621
Jun-21	1,005,130	935,573	69,557	-248,539
Jul-21	1,034,538	1,046,959	(12,421)	-248,472
Aug-21	1,060,693	1,003,625	57,068	-248,435
Sep-21	1,029,716	1,103,381	(73,665)	-249,697
Oct-21	1,077,007	1,086,342	(9,335)	-248,425
Nov-21	1,043,347	1,098,648	(55,301)	-248,838
Dec-21	1,067,341	1,082,184	(14,843)	-247,717
Jan-22	1,057,865	1,007,352	50,513	-246,682
Feb-22	959,825	940,718	19,107	-248,213

In February Saskatchewan had a monthly CDC allocation of **940,718 kilograms** of butterfat. Saskatchewan production was **19,107 kgs** of butterfat over and cumulatively over by **933,193 kgs** of butterfat. On a percentage basis, Saskatchewan is **7.52%** above our CDC allocation flexibility limits based on the Continuous Quota model. The -2.00% lower flexibility limit is in effect.

(5) Upper Flexibility Limit 1.25%  Kgs bf  col. 8 *1.0%	(6) Cumulative Over or (Under) Production with limits  Kgs bf	(7) Cumulative Over or (Under) Production with limits (%)	(8) Rolling 12 Month Total Quota  Kgs bf
153,266	780,919	6.37%	12,261,248
153,711	736,989	5.99%	12,296,905
155,794	716,666	5.75%	12,463,534
156,013	799,674	6.70%	12,481,039
155,337	906,185	7.29%	12,426,948
155,295	893,764	7.19%	12,423,582
155,272	950,832	7.81%	12,421,767
156,061	895,958	7.18%	12,484,861
155,266	886,623	7.14%	12,421,264
155,524	831,322	7.06%	12,441,914
154,823	863,573	6.97%	12,385,871
154,176	914,086	7.41%	12,334,091
155,133	933,193	7.52%	12,410,670

- (1) Monthly Production in Saskatchewan
- (2) Total Monthly Quota = Class 1 sales + Monthly MSQ + Carry Forward
- (3) Difference between the monthly production (1) and the total monthly quota (2)
- (4) The Lower Flexibility Limit is -2.00% of Rolling 12 Month Total Quota (9)
- (5) The Upper Flexibility Limit is 1.25% of Rolling 12 Month Total Quota (9)
- (6) Previous Month Cumulative Over or (Under) Production + Current Monthly Over or (Under) Production (capped at lower or upper limit if applicable)
- (7) Equal to Column (6) expressed as a percentage basis within the flexibility limits
- (8) Total Monthly CDC Quota Allocation for the previous 12 months



Beta-lactam Drug	Detection Level† (ppb*)	US Safe Level or Tolerance / Cana- dian MRL (ppb*)	Sulfa Drug	Detection Level† (ppb*)	US Safe Level or Tolerance / Canadian MRL (ppb*)
Amoxicillin	3.1	10 / None	Sulfadimethoxine	4.7	10 / 10∞
Ampicillin	7.7	10 / 10	Sulfamethazine	7.7	10 / 10∞
Ceftiofur and Metabolites^	53	100 / 100	Tetracycline Drug	Detection Level† (ppb*)	US Safe Level/ Tolerance / Canadian MRL (ppb*)
Cephapirin	14	20 / 20	Chlortetracycline	54	300 / 100
Cloxacillin	7.4	10 / None	Oxytetracycline	66	300 / 100
Penicillin G	2.2	5 / 6&	Tetracycline	21	300 / 100

<sup>†</sup> Positive at least 90% of the time with 95% confidence.

### Test stations are located at the following locations:

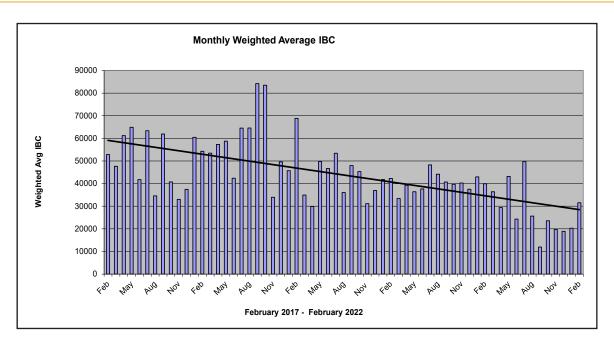
REGION	LOCATION	CONTACT	
Swift Current, SK	Agifoods Truck Bay	675 Cheadle Street W., 306-773-1097 or Roger Ruf 306-741-3261	
Star City, SK	Star City Colony	Reuben Tschetter, 306-921-9381	
Saskatoon, SK	Agrifoods Truck Bay (east of Saputo receiving bay)	Mike V. or Mike K., 306-664-0202 After hours: 306-668-8135	
Emerald Park, SK	Warman Veterinary Services	86 Great Plains Rd, SK S4L 1C9 Phone: (306) 347-9995	

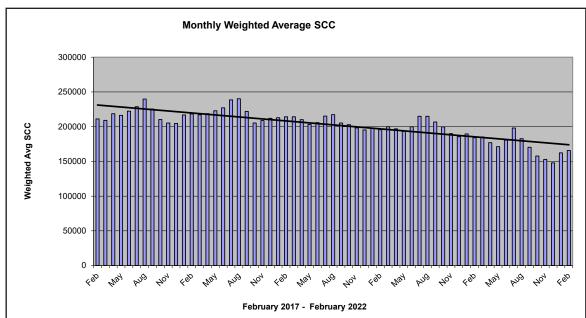
Charm tests strips and Charm testers are now available for purchase through SaskMilk. Agrifoods is now carrying SNAP test kits for tetracyclines as well as beta lactams. For further information contact: SaskMilk 306-949-6999.

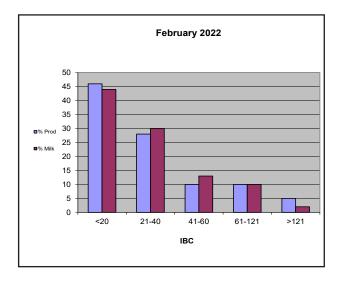
<sup>\*</sup> parts per billion or ng/mL

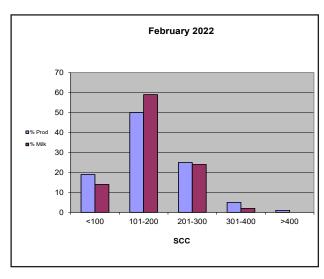
<sup>^</sup> Ceftiofur parent drug sensitivity is approximately 1/2 that reported in the table.

<sup>&</sup>amp; Canadian MRL for penicillin G is 0.01 IU/ml, equivalent to 6 ppb.









# In the Community

### Check out these SaskMilk events!

## **MARCH**

March 5 – 6 Kinsmen Foundation/Telemiracle 46

March 11 – 12 SHSAA Provincial Curling – Provincial Locations

March 11 – 13 Tayria Dance Festival

March 12 Schizophrenia Society of Saskatchewan - Regina

March 12 Drake Nokomis U9 Hockey Tournament

March 17 Regina Early Learning Centre – Small Hands Big Dreams

- Regina

March 18 – 19 SHSAA Provincial Wrestling - Saskatoon

March 24 – 26 SHSAA Provincial Basketball – Hoopla – Regina

March 26 Queen City Volleyball Club U15 Tournament - Regina

### **APRIL**

April 1 – 2 2022 Jersey Canada AGM - Manitou Springs

April 22 – 24 Best in the West Curling Championship - Saskatoon

April 23 – 24 4-H Beef Grooming and Open Judging - Lloydminster

April 29 – 30 Conexus Arts Centre – Taste of Spring – Regina

# MAY

May 2022 Spring Country Cookout

May - September Viking Cricket Club - Regina

May 5 U of R Presidents Luncheon - Regina

May 14 SHSAA Provincial Badminton – Rosthern

May 14 Excel Athletica - Regina Spring Classic - Regina



A grade 3 class at Father Vachon school in Saskatoon was surprised with a Valentine's Day pizza and milk party!

Dairyanna made an appearance at Father Vachon's school pictured alongside SaskMilk's Marketing Assistant Chelsea Wilcoxen.





# **February Quality Bonus**

To get the quality bonus producers must have:

Monthly Average:

IBC - <= 30,000/ ml

SCC- <= 250,000/ml

FPt- lower than -0.525°Hortvet

No positive inhibitors

\*represent # of months the quality bonus has been received

AARRESTAD, PHILLIP & DANITA*	HILLSVALE COLONY*	MIL-EN-ROY FARMS (1981) LTD*	VANGUARD HUTTERIAN BRETHREN*	WESTWIKK FARMS*
BAILDON HUTT BRETH- REN INC.*	HODGEVILLE COLONY*	STAR VALLEY FARM JOINT VENTURE*	WHEATLAND HUTT BRET OF CABRI INC*	HUTTERIAN BRETHERN OF MILDEN INC.*
HUTTERIAN BRETH CHURCH OF BEECHY*	HUTTERIAN BRETH CHURCH ARM RIVER*	HUTTERIAN BRETHREN CHURCH OF QUILL LAKE INC.*	DALKIM HOLSTEINS LTD.*	Grassy Hill Colony*
HUTTERIAN BRETHREN CHURCH OF TWIN CREEK INC.*	HUTTERIAN BRETH CHURCH SPRING CREEK*	LEYENHORST, ALBERT & HEATHER*	Q VALLEY FARM LTD.*	MCGEE COLONY*
CARONCREST FARMS LTD*	HUTTERIAN BRETHREN OF KYLE*	VANZESSEN DAIRY INC.*	WALLYWAY FARMS LTD.*	HUTTERIAN BRETHREN CHURCH OF SOUTHLAND INC.*
CLEAR SPRING COLONY*	HUTTERIAN BRETHREN CHURCH OF LAJORD*	RIBSTONE HUTTERITE COLONY*	BLU J FARMS*	SIERRA HUTTERIAN BRETH- REN*
CRAILA DAIRY LTD*	HUTTERIAN BRETHREN OF DINSMORE*	The Hutterian Brethren Church of Riverview Limited*	MARFAY FARMS LIMITED*	ADIT FARMS INC.*
BENBIE HOLSTEINS LIMITED*	ROSETOWN FARMING CO. LTD.*	ROBELLA HOLSTEINS*	HIGHDALE FARMS LTD.*	KEN & KAREN GIESBRECHT*
LOVHOLM HOLSTEINS*	HUTTERIAN BRETHREN OF WEST BENCH*	JIMLEE FARMS LTD.*	WILLOW PARK COLONY*	BERG DAIRIES*
DOWNIE LAKE CHURCH COLONY*	SEPTEMBER SUN ACRES LTD.*	E.S.B. HOLDINGS LTD.*	K & K THONER DAIRY LTD.*	RICHARD VAN DONGEN*
EATONIA HUTTERIAN BRETHREN INC*	JAYLEE FARMS INCORPO- RATED*	SAND LAKE HUTTERIAN BRETHREN*	KIELSTRA HOLSTEINS INC.*	RYDALL LIVESTOCK LTD.*
EL-NELL FARMS LTD*	KENSTAL FARMS INC.*	PRAIRIE WEST DAIRIES INC.*	SPRING LAKE COLONY*	HYLJON HOLSTEINS LTD.*
ELL'S DAIRY FARM 2010 INC.*	KESSEL FAMILY FARM*	101115806 SASKATCHE- WAN LTD.*	BUTTE COLONY*	DAUM DAIRIES*
BRUINSDALE FARMS LTD.*	102122067 Saskatchewan Ltd.*	DARIAN FARMS LTD.*	BRAMVILLE JERSEYS*	FOX VALLEY FARMING CO. LTD*
ENNS FARMS LTD*	KNITTIG FARMS LTD.*	SIMMIE HUTTERIAN BRETHREN CHURCH*	EARVIEW COLONY*	GLIDDEN HUTTERIAN BRETHREN*
W.C.C. DAIRIES CORP.*	ARTLAND DAIRIES INC*	SMILEY HUTTERIAN BRETHREN*	BARMOOR FARMS LTD.*	MAIN CENTRE DAIRY FARM*
FEHR'S RIVERFRONT FARM LTD.*	LAKEVIEW COLONY*	SPRUCE LANE AG VEN- TURES CORP.*	SUNNYSIDE DAIRY*	UNIV OF SASK, Animal & Poultry Science*
FOTH VENTURES LTD*	HAVERLAND DAIRY LTD.*	HUTTERIAN BRETHREN CHURCH OF STAR CITY INC.*	PLUM BLOSSOM FARM LTD. (SASK)*	
KENBERT ACRES*	CARMICHAEL HUTTERIAN COLONY*	BALGONIE HOLSTEINS LTD.*	TOM & WENDY MUFFORD*	
BERKHOUT, SIMON & ARJA*	NIENHUIS FAMILY FARM INC.*	DALVOORDE DAIRIES LTD.*	JBK FARMS LTD.*	

### Classified Ad Service

SaskMilk offers a free classifieds service as part of its newsletter. Anyone wishing to place an ad is welcome to contact the SaskMilk office at (306) 949-6999 or info@saskmilk.ca. All negotiations will be independent of SaskMilk. Please note that ads will be posted in two issues and will then be removed unless SaskMilk is notified otherwise.

20 bred holstein heifers asking \$16,000 obo. Would consider farm or recreational equipment in trade. Located in the Saskatoon area. Call or text (306) 945-7490.

### Reminder!

The deadline date for Quota Transfer, Quota Exchange, and 10% Transfer Limit Exemptions is the 6th of each month

Your Quota Transfer, and 10% Exemption Applications must be received on or before the 6th of the month in order to be effective the 1st of the following month Quota Exchange forms must be received in the SaskMilk office on or before the 6th of the month for that month's Exchange.

### SaskMilk Board of Directors

### Matthew Flaman

Chair

(306) 537-9634 flamanmj@gmail.com

### Albert Leyenhorst

Vice-Chair

(306) 230-0154 albertleyenhorst@gmail.com

### Gordon Ell

Second Vice-Chair

(306) 535-1922 gt.ell@sasktel.net

#### Jessica Lovich

(306) 201-7362

i\_simanton@hotmail.com

#### Tom MacKenzie

(306) 352-2292

tommymilk@icloud.com

### Blaine McLeod

(306) 631-8053

rb.mcleod@sasktel.net

### Jake Mitchell

(306) 860-8328

jmitchsask@outlook.com

### **Anthony Nienhuis**

(306) 221-1598

nienhuis@sasktel.net

### **Leonard Wipf**

(306) 491-0432

leonard.countryclover@gmail.

